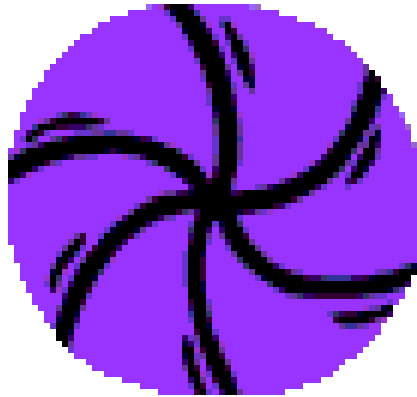


# What can I do with a degree in Psychology?



Patricia Parish  
Career Development Centre  
Level 2, C8A



# What does a career mean to you?

[Geoff Morgan on why a career is important](#)



**What do you need to know about yourself before you are ready to compete for a graduate job?**

***Values – interests - skills - strengths and weaknesses***

# What? Psychology...many options

- Change Management
- Human Performance
- Corporate Direction
- Team Development
- Coaching

- Health & Safety
- Mental health
- Private/Commercial
- Non government
- Education



- Organisational & sport
- Forensic
- Clinical
- Neuropsychological
- Educational & developmental
- Doctorate
- Masters
- Postgraduate Diploma
- Graduate Diploma
- Honours
- TAFE

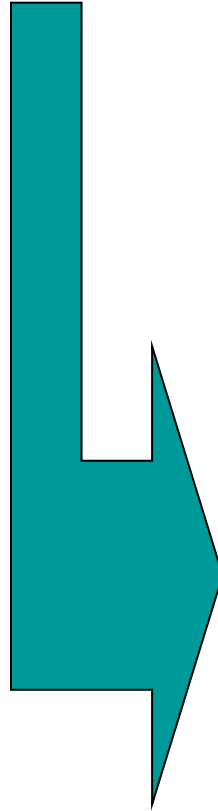
# Where to with a 3 year major in Psychology?

Having chosen psych as an undergrad subject – right now your options are wide open!

- Intellectual Disability
- Mental Health
- Community Health
- Defence Forces
- Juvenile Justice
- Corrective Services
- Market Research/Marketing
- Human Resources
- Policy
- Therapy
- Welfare
- Administration
- Job Placement
- Financial Advising and more...

## Where to with a 4<sup>th</sup> year & beyond in Psychology?

- Very competitive
- Approx 70-80 students will go onto an **Honours Year**
- Approx 40-50 will go onto a **Grad Dip**



- Counselling
- Clinical
- Childhood dev.
- Neuro
- Rehabilitation
- Organisational
- Sports
- Mental Health
- Forensic
- Educational
- Academic

# Making Career Decisions

- What are my current skills and abilities?
- What skills and abilities are required?
- What barriers do I need to consider?
- How can I overcome these?
- Who can help me?
- What networks might be helpful?

# Planning:

- What gaps exist in the skills, experience or qualities I'll need?
- What can I do to further develop my skills?
- How and when?

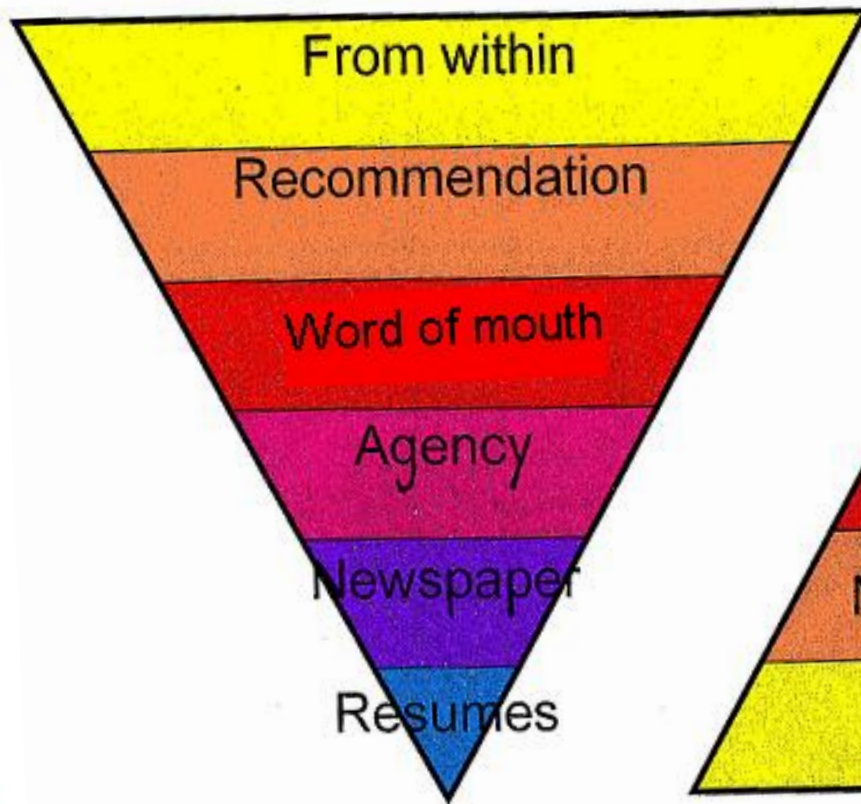
# Networking

A cartoon character with a large white thought bubble containing text. The character is a simple black silhouette with a large head and a small body, walking on a red curved line. The thought bubble is a large, white, cloud-like shape with a black outline, containing the text "60 - 80% of jobs are never advertised?".

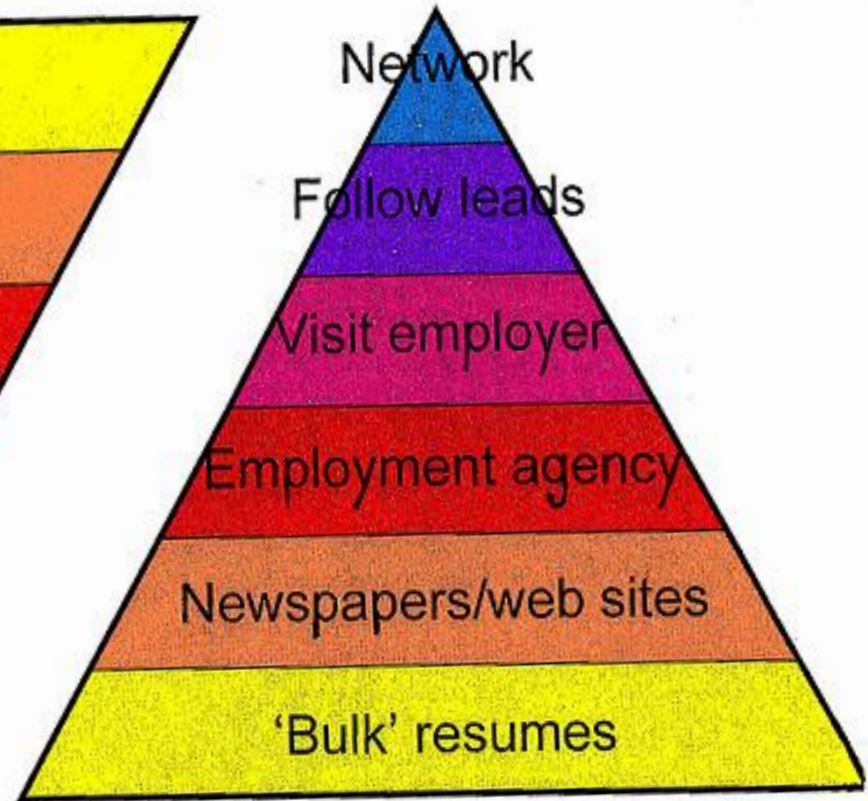
60 - 80% of jobs  
are never  
advertised?



# The employer pyramid



# The job seeker pyramid



# Building a Network

Get to know others in your field through:

- Volunteering/work experience
- Attend professional association events
- Participate in committees
- Attend careers expos
- Undertake **Informational Interviews**

(Speaking with someone in a field you would like to work in)



# Professional Associations

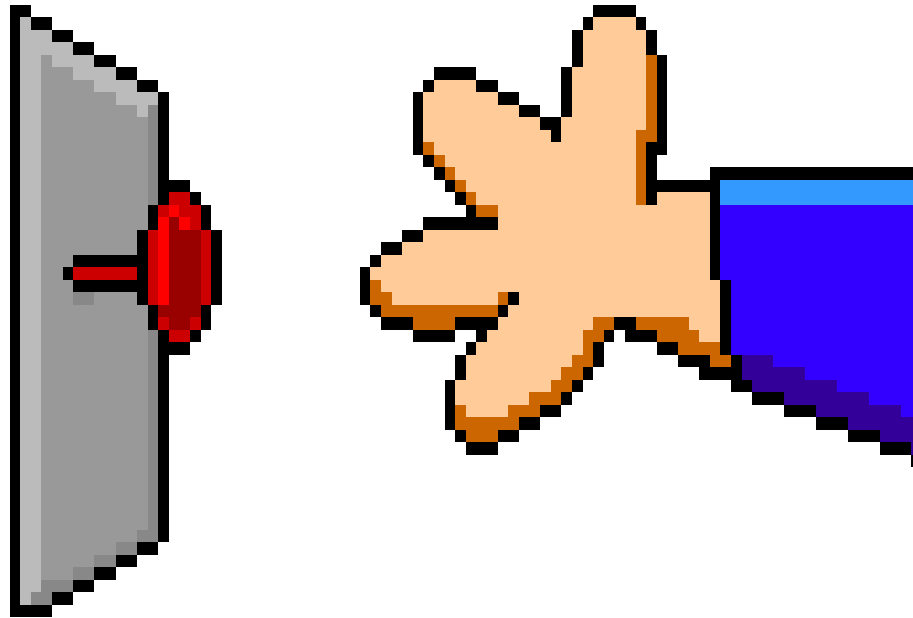
- Australian Psychological Society (APS)  
<http://www.psychology.org.au>
- Australian Human Resources Institute (AHRI)  
<http://www.ahri.com.au/>
- Australian Institute of Training and Development (AITD) <http://www.aitd.com.au/>
- The Recruitment and Consulting Services Association (RCSA)  
<http://www.rcsa.com.au/>
- Australian Institute Of Welfare And Community Workers (AIWCW) <http://www.aiwcw.org.au/>

# Work and Learning

- Work Experience
  - Volunteer
  - Internship
  - Vacation work
- Workshadow
- Project/ competition
- Overseas exchange (PACE unit)

Clarify career goals  
Build transferable skills  
Create new networks  
Get ahead of the competition  
Enhance business awareness  
Earn money

# How to source opportunities? Who offers these?



## Some sources...

- Volunteering Australia [www.volunteeringaustralia.org](http://www.volunteeringaustralia.org) [www.govolunteer.com.au](http://www.govolunteer.com.au)  
[www.volunteersearch.gov.au](http://www.volunteersearch.gov.au)
- VAST (Volunteer and Service Training) [vast@jnc.org.au](mailto:vast@jnc.org.au)
- Recruits, trains and supports volunteers in Home and Community Care Agencies
- Wesley Mission [www.wesleymission.org.au/volunteer](http://www.wesleymission.org.au/volunteer)
- Centre for Autism & related disorders CARD
- Uniting Care Burnside
- DrugArm
- Youth Challenge Australia
- Anglicare [www.anglicare.org.au](http://www.anglicare.org.au)
- Salvation Army [www.salvos.net/volunteers](http://www.salvos.net/volunteers)
- Good Company - <http://www.goodcompany.com.au/>
- Our Community - <http://www.ourcommunity.com.au/>
- Probono Australia - <http://www.probonoaustralia.com.au/>
- Lifeline - [www.lifeline.org.au](http://www.lifeline.org.au)
- Council of Social Service New South Wales [www.ncoss.org.au](http://www.ncoss.org.au)
- Apex Australia [www.apex.org.au](http://www.apex.org.au)
- Youth off the streets [www.youthoffthestreets.com.au](http://www.youthoffthestreets.com.au)
- Emergency Services [www.ses.nsw.gov.au](http://www.ses.nsw.gov.au)
- Macquarie Uni (Univariate, Expos, Research Assistants)

# Part Time/Casual Work

- NCOSS - Council of Social Service of NSW
  - <http://www.ncoss.org.au/>
- NSW Govt. Jobs- Job.NSW
  - <https://jobs.nsw.gov.au/Start.asp>
- Mental Health Sector Jobs
  - <http://www.mhcc.org.au/jobs/default.aspx>
- APS- PsychXchange
  - <http://www.psychxchange.com.au/JobSearch.aspx>
- ABRS Socialworks- boutique recruitment agency servicing the Australian social and community sector
  - <http://www.socialworks.org.au/>

# Kick Start Your Career

- **Week 1 Career Planning: Finding the job that's right for you.**

**Tuesday 25th October E7BT5 1-2pm**

- **Week 2 Tips and Strategies to get that job!**

**Tuesday 1<sup>st</sup> Nov E7BT5 1-2pm**